

# Post Graduate Certificate in Coaching and Mentoring

## Why take this course?

If you are committed to supporting and assisting the professional development of others, then the Post Graduate Certificate in Coaching and Mentoring is for you! This programme caters for a diverse range of professionals (for example, from youth and community work, business, leadership and management, early years and education,) that utilise coaching and mentoring as part of their practice. This diversity is one of the strengths of the programme, offering opportunities to share experience in a dynamic and interactive environment, and broadening participants' understanding of the utility of coaching and mentoring in a range of settings. The programme offers a study route that will enable you to develop both your practical skills in coaching and/or mentoring and your understanding of the theoretical perspectives that underpin good practice. Applying your learning from the programme might entail adopting coaching as a style of leadership; fulfilling mentoring roles with new colleagues joining your organisation; acting as subject mentors in initial teacher education; coaching colleagues in a range of settings; providing supervision for colleagues or offering a service as an independent coach.

## Career opportunities

The skills and knowledge gained through undertaking this programme are transferable and relevant to anyone who is engaged in working with others in a developmental capacity. Whether you are looking to strengthen your leadership and management tool kit with a view to future promotion, wanting to progress in your existing role as a coach or mentor, or considering moving into the field of independent coaching, a post graduate (level 7) qualification will strengthen your cv.

# What you will learn

The programme will enable you to:

- develop your understanding and practice of coaching and mentoring
- underpin your practice with sound theoretical knowledge
- assess and develop your own skill levels
- apply different approaches to coaching and mentoring in your own context
- become a reflective practitioner as you undertake coaching and mentoring initiatives

You will also develop generic and transferable skills that can be used in further study and/ or to contribute to organisational development and change in your own specific context.

For those who wish to continue their studies on successful completion of the programme, progression routes are available at master's level.

UCAS Code - N/A

**Subject - Coaching and Mentoring** 

Duration - 12 months (in 2 x 6 months blocks) NEXT START DATE: Sept 2018 Note: Dependant on take up, we may also have a course starting at RAF Cranwell in Oct 2018 if you would prefer to study at this location via 3 x 2 weekday workshops in Oct, Nov 18 and Mar 19.

### Entry requirements -

- Although prior experience in coaching and/or mentoring is not essential, applicants will need to be engaged in paid or voluntary work (full or part time) where coaching and/or mentoring is or could be undertaken
- Normally, a good first degree (minimum 2:2 honours)
- Non-standard applications are also welcome and careful consideration will be given to those who can present a case based on their career history, experience, and other learning
- English language level of IELTS 6.5 for international students

#### **DELIVERY**

Participants attend 7 Saturday workshops during the year and also receive 1:1 tutorials and create their own peer support groups. Further support is offered through the university's virtual learning environment.

#### **MODULES**

The PG Certificate in Coaching and Mentoring comprises 2 modules, each worth 30 credits at level 7.

### Module 1 - Advanced Coaching and Mentoring (30 credits)

The first module (PCM M01) focuses on aligning coaching and mentoring practice and theory, with an emphasis on increasing understanding and knowledge of coaching and mentoring, the associated skills and the development and application of those skills by individual participants.

## Module 2 - Coaching and Mentoring in Practice (30 credits)

The second module (PCM M02) extends the understanding and knowledge gained during the first module but allows participants to personalise and contextualise this understanding as they undertake a small scale research project on an appropriate topic of their choice. This module therefore enables participants to apply their generic understanding to their own practice and/or working environment.

**FEES & FUNDING** - £1833 for full Plymouth programme or £916 per module (tbc) . Alumni may be eligible for discount. Fee for RAF Cranwell course will be £2000 tbc).

#### **FURTHER INFORMATION**

To find out more or for an informal conversation about the programme please contact Helen Goodall (<a href="mailto:hgoodall@marjon.ac.uk">hgoodall@marjon.ac.uk</a>; telephone: 01752 636700 ext 6502).