**Where are patients self-monitoring their INR?**

**Is it possible to present this information as an interactive map??**

* People are monitoring their own INR in many countries around the world with Germany, USA and, to a lesser extent, Holland leading the way. In particular, Germany has over 20 years of experience with patient self-monitoring of oral anticoagulation, and currently approximately 160,000 Germans are thought to be testing their own INR.
* The UK is slowly catching up with other countries when it comes to self-monitoring. The most up to date figures (from 2011) estimates that around 24,000 people in the UK are testing their own INR, with some areas of the country – for example, Birmingham and Swindon – having significantly greater numbers of people who are self-monitoring1.

1. Anticoagulation Self-monitoring Alliance (ACSMA). [www.acsma.org.uk](http://www.acsma.org.uk) (Accessed 27.09.13)