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| **Module** | Anticoagulation management: patient’s guide to self-monitoring |
| **Topic** | Clinical use of anticoagulants (Vitamin K antagonists) |
| **Audience** | Self-monitoring warfarin patient |
| **Type** | Extra content – Target INRs |
| **Version** | 1 |

Some common target INRs and ranges are shown below:

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| **Reason for anticoagulation** | **Target INR** | **INR range** |
| Atrial fibrillation (AF) & stroke prevention | 2.5 | 2 - 3 |
| Deep vein thrombosis (DVT) and pulmonary embolism (PE) | 2.5 | 2 - 3 |
| Recurrent DVT or PE | 3.5 | 3 - 4 |
| Mechanical aortic valve replacement | 3.0 or 2.5 | 2.5 – 3.5 or 2 - 3 |
| Mechanical mitral valve replacement | 3.5 or3 | 3 – 4 or2.5 – 3.5 |

**Common target INRs and INR ranges**