

SPORT & HEALTH



This intellectually stimulating Master in Research programme allows students to develop their career in sport and health through a critical appreciation of contemporary issues and developments within the field. Through critical reflection it equips students with the skills and knowledge to plan for these changes, implement them and deal with any challenges.

This programme is a project based and work centred programme, providing a particularly responsive alternative approach to professional development that is rooted in the concept of action research and encourages students to explore issues as they emerge.

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These exciting new research programmes will provide the opportunity to explore contemporary and emerging themes associated within the disciplines and engage and interact with stakeholders immediately affected by these themes. The programmes are delivered by expert practitioners and academics and complement the high quality facilities provided at Plymouth Marjon University.

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Lance Doggart

PROGRAMME STRUCTURE

The programme is structured around a flexible though clearly framed series of supervised projects. There are three x 60 credit modules delivered through lectures, seminars, individual tutorials and distance learning. Each project focuses on a clear theme which is key to a critical appreciation of the professional area and has its own qualification outcome. There are various pathways within the MRes programme, including:

- Sport and Exercise Medicine.
- Sport and Exercise Science.
- Sport Management.

MODULES

Conceptual and theoretical discourses (in sport and health sciences)

Contemporary contextual issues (in sport and health sciences)

Master's Thesis

CAREERS

This research driven programme enables professional development within Sport and Health Sciences. Your programme will reflect your own professional aspirations and increase your potential to progress with your current employer or within the wider sector. Career progression to PhD, management positions in sport and exercise support, sporting NGB's, exercise and fitness professionals working in the private sector, National Health Service (NHS) - exercise professionals in preventative and rehabilitative treatment via exercise.

SUMMARY

AWARD: MRes

DURATION: One year full-time or up to 60 months part time, delivered in the evenings (4pm-7pm), through individual tutorials and through distance learning.

ENTRY REQUIREMENTS: Normally an upper second class honours degree or equivalent, but applications will be reviewed on an individual basis. International students must have an IELTS score of 6.

FEES: £5,500

ENQUIRIES: Please contact our Admissions team on **01752 636890** or email **admissions@marjon.ac.uk**

KEY FEATURES:

- The only British Association of Sport and Exercise Sciences (BASES) accredited laboratory in the South West.
- Work with elite and young elite athletes.
- Attend Faculty research seminars which feature leading national and international academics presenting on various sport and exercise science topics.